



# The Four Principles of Quality Care



## STRENGTH-BASED APPROACH

Research shows that helping people identify their strengths and working to develop those capacities to create positive change is far more effective than calling attention to deficits. **What does that mean?**

- We are tasked with developing the ability to look beyond problems and behaviors. We work to uncover and amplify underdeveloped strengths of each child we encounter.
- A strength-based approach is at the core of how we work to develop team members at The Buckeye Ranch and how we interact with colleagues.



## FAMILY-CENTERED PERSPECTIVE

Family is central to the stability and security of all humans. A facet of our role is to honor and sustain a family-centered perspective in our work. **Why is this important?**

- Many of the children, youth, and families we serve have experienced multiple stressors, trauma, and challenges which have impacted the stability of their family systems.
- Developing positive and permanent family connections help children overcome past challenges.
- We honor each family, recognizing varieties of configurations and values.
- We honor the importance of family for each of our team members and strive to support their ability to sustain healthy and meaningful family relationships.



## TRAUMA INFORMED CARE

Recent discoveries in brain science are changing how behavioral health professionals understand the challenges faced by clients and colleagues. Why do we approach care asking, **“What happened to you?”**

- Mental and behavioral health struggles can be scary and unpredictable for team members as well as the families we serve. In order to understand these behaviors we must understand the impact of early childhood trauma.
- Acknowledging the trauma our clients experience prevents us from asking “what’s wrong with you?” and encourages us to ask “what happened to you?”
- We are committed to supporting our team members who may experience the effects of vicarious trauma as they help hurting children, youth, and families heal.



## CULTURALLY RESPONSIVE

The children, youth, and families that we serve come from diverse cultural heritages, practices, and values. **How do we accommodate a wide range of cultural differences?**

- We always strive to understand, respect, and effectively serve everyone in our care.
- We honor and respect the beliefs, languages, interpersonal styles, and behaviors of the children, youth, and families that we serve.
- We promote cultural awareness. It begins with an ongoing commitment to increase awareness of a team member’s own cultural assumptions and implicit biases as they help hurting youth and families heal.

